STUDENT RESPONSE PACKET **KARATE**

NAME DATE

WHAT TO DO

The following questions will help you to have a greater appreciation and understanding of karate. Write your answers in the spaces below the questions. If there is not enough room, write on the backs of these sheets. Be neat, spell correctly, and write in complete sentences.

1. How did unarmed defense techniques develop? Why were they needed? Why not just use a knife or a sword?

2. Why is breaking boards called a carnival stunt by some Karate instructors?

3. List the names of several Karate styles, and match them with the country of their origin.

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4. What does it mean to focus a Karate technique?

5. Describe the left forward stance in your own words.

6. Describe the rising block in your own words.

7. Who is Takiyuki Mikami and what lesson did he teach to the overconfident black belts?

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8. Describe how Karate became a sport.

9. In your own words, describe the straight punch.

10. What is the ultimate purpose of Karate? What is the mark of a great Karateka? If you go into Karate training, what should be your ultimate goal?

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