

NAME

DATE

WHAT TO DO

The following questions will help you to have a greater appreciation and understanding of disc golf. Write your answers in the spaces below the questions. If there is not enough room, write on the backs of these sheets. Be neat, spell correctly, and write in complete sentences.

1. Describe the game of disc golf.
2. Some point to Canada as the origin of disc golf. Explain.
3. Two people from California did much to promote the game of disc golf. Who were they and what did they do?
4. Describe the disc golf target used in most courses today. Who designed it? Why did the person design it? What is it called?

5. What is a “tonal pole” and how did it get its name?

6. What is a Tee box? Describe a good one.

7. List four disc throwing techniques.

8. List three types of discs and describe each.

9. What is a Tomahawk throw? When should it be used?

10. What is a Roller throw? When should it be used?